

# State Public Health and Wellbeing Plan

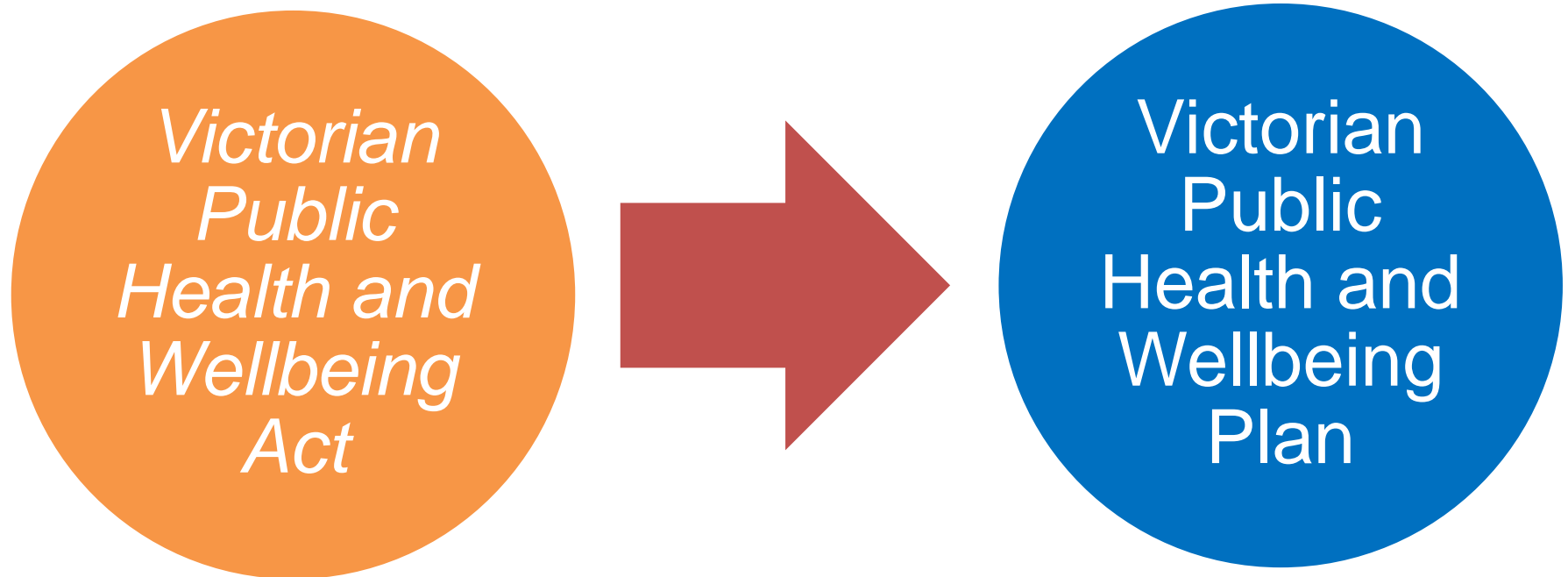
## Parks for Healthy Communities Forum

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# Planning logic (1)



The *Victorian public health and wellbeing plan 2015-2019* outlines the government's key priorities over the next four years to improve the health and wellbeing of Victorians.

# Victorian Public Health and Wellbeing Plan 2015–2019

Victorian public health and wellbeing plan  
2015–2019



Identifies priorities for the protection and promotion of health and wellbeing based on an analysis of:

- data regarding the health and wellbeing of the population of Victoria and their determinants
- inequalities
- what is preventable
- **Available at:**  
<https://www2.health.vic.gov.au/about/health-strategies/public-health-wellbeing-plan>

# Strategic directions

## Priority areas

- Healthier eating and active living
- Tobacco-free living
- Reducing harmful alcohol and drug use
- Improving mental health
- Preventing violence and injury
- Improving sexual and reproductive health

## Platforms for change

- **Healthy and sustainable environments**
- **Place-based approaches**
- **Person-centred approaches**



The plan also identifies the importance of looking after the environment and addressing climate change, and the impact of climate change on people's health and wellbeing.



Contact with nature is essential for improving emotional, physical and spiritual health and wellbeing

## Place -based approaches

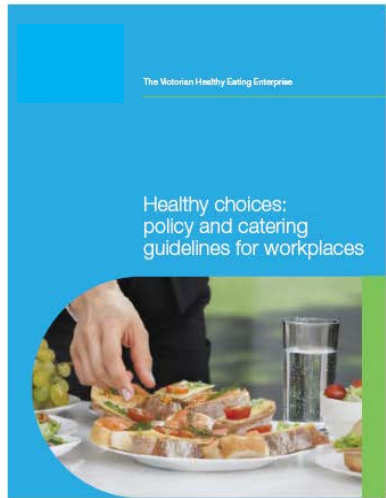
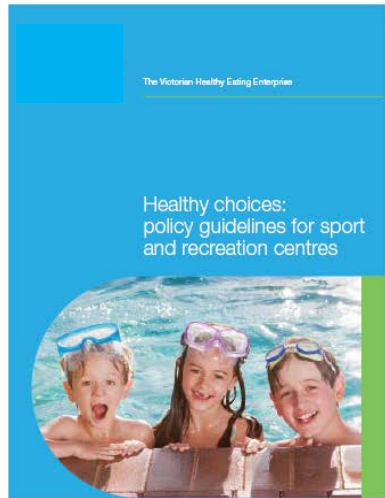
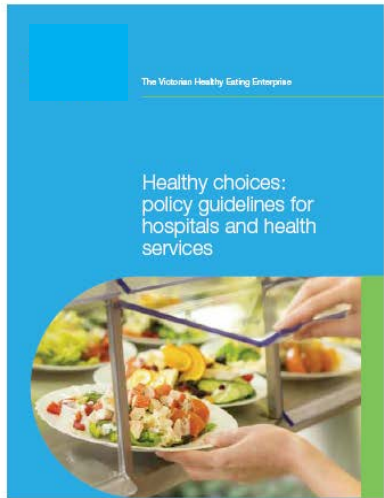
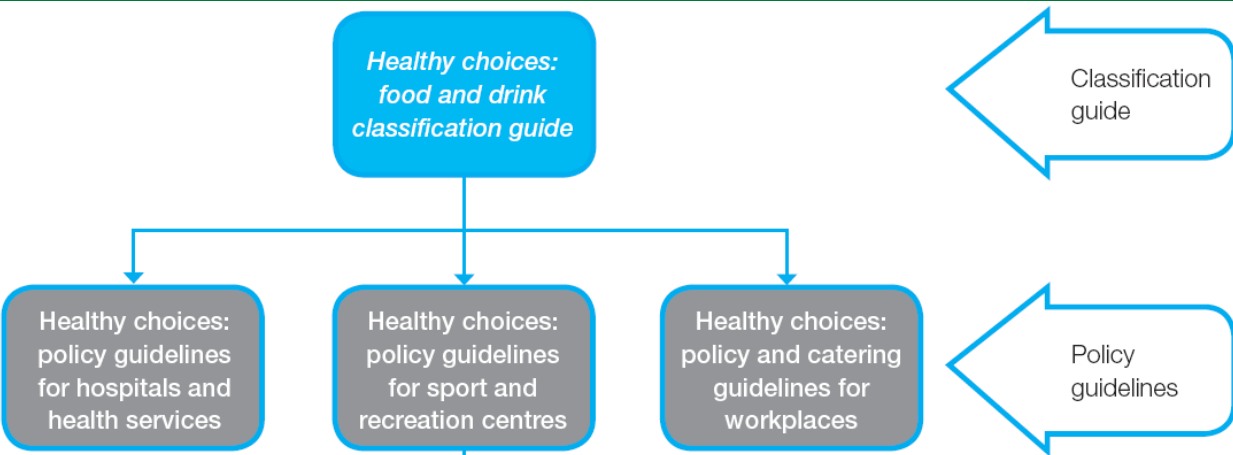
### Strategic directions for active living

- \* Support people to be physically active- including active transport, neighbourhood design that promotes activity and social connectedness and participation in sport and recreation.

- \* Encourage interaction with nature in Victorias parks and open spaces

Interaction with nature in Victoria's parks and open spaces and participation in sport and recreation make an important contribution to reducing chronic disease risk factors, increasing social inclusion and building strong communities

# Healthy Choices Policy Framework



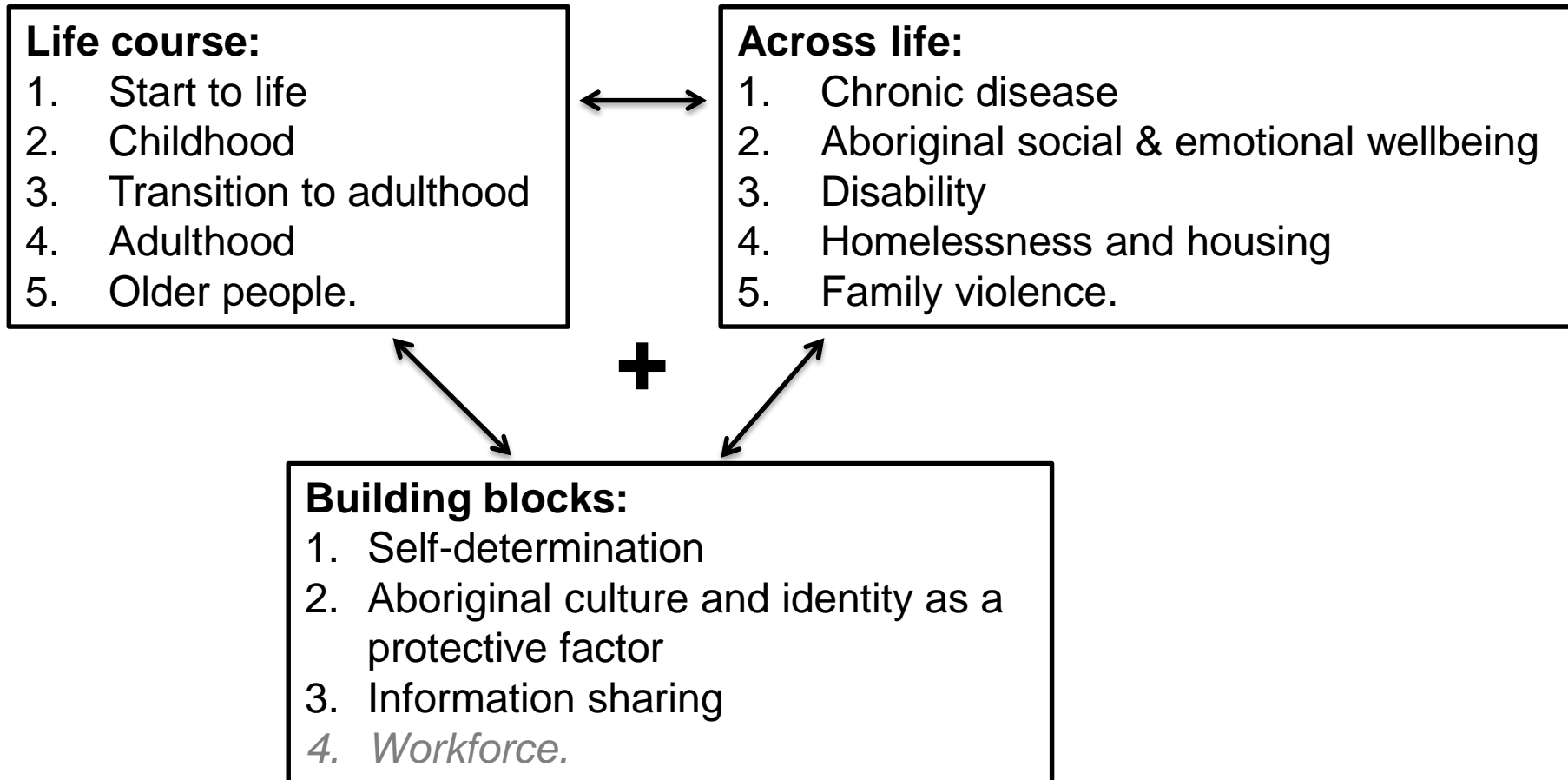
Healthy choices in parks.  
Coming soon



Download resources from <https://www2.health.vic.gov.au/public-health/preventive-health/nutrition>

# New- Aboriginal Health and Wellbeing plan

## Consultation for development underway



# New- Aboriginal Health and Wellbeing plan



## Attend the 2<sup>nd</sup> Symposium:

**When:** 10am-4pm, Thursday, 2 June 2016

**Where:** Rioli Room, Level 3,  
Korin Gamadji Institute,  
Richmond Football Club, Richmond

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For more information, please contact

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Thank  
you