



# Park cycling safety tips

## Travel at safe speeds

Enjoy your surroundings and consider other park users – the park is open for all to enjoy.

## Follow cycling laws

Make sure to wear a helmet, have lights and a bell on your bike.

## Stand out and be heard

Wear brightly coloured and reflective clothing. Communicate with other park users. Signal, use your bell and call out your intentions to ensure your safety and the safety of those near you.



