



IPAN
INSTITUTE FOR PHYSICAL
ACTIVITY AND NUTRITION



Researcher's perspective on how we can work together to ensure we create parks that encourage visitation for people of all ages

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1. What evidence is needed?

- We want our research to be useful and informative
- What evidence is needed to help you?
e.g. justification for spending \$ on park refurbishment
- From your perspective, what are the gaps in knowledge needed to design parks so they optimise visitation among all groups and maximise health benefits?

2. How can we work together?

Opportunities to work with researchers:

- Become partners on research grants (i.e. NHMRC, ARC)
e.g. Brimbank CC, VicHealth, Parks Vic, City West Water
- Engage researchers to evaluate projects
- Involve researchers to inform evidence based park design

3. Are you aware of possible research opportunities?

- For example ‘natural experiments’, such as:
 - New parks, planned park refurbishments
 - Changes to the built environment - new facilities, walking/cycling trails
- Programs in parks, novel usage of parks

4. How can we present the evidence so it is most useful?

- How is it most likely to inform policy and practice?
- What strategies have worked?
- Infographics, websites, videos, meetings like this

We would love to hear from you!